

Një projekt i Agjencisë Zvicerane për
Zhvillim dhe Bashkëpunim SDC



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Agjencia Zvicerane për Zhvillim
dhe Bashkëpunim SDC

Zbatuar nga:



Save the Children



21 November, 2023

TERMS OF REFERENCE (TOR no. 2023/190)

Service provision for promotion of positive parenting and raising capacities of parents/caregivers, and strengthening of children's governance structures and peer-to-peer education on healthy lifestyles in the framework of the project “Shkollat për Shëndetin”

1. BACKGROUND AND RATIONALE

In March 2023, Save the Children have started the implementation of the third year of the main phase of the Swiss Agency for Development and Cooperation (SDC) Project: “*Shkollat për Shëndetin*”.

The aim of the Project is to promote healthy behavioural practices and healthy lifestyle habits in the Albanian population, with a particular focus on schoolchildren (aged 6-16 years) in order to control and prevent effectively the major risk factors for NCDs.

One of the activities of the project “*Shkollat për Shëndetin*” for this year concerns raising the capacities of parents/caregivers regarding healthy lifestyle habits and healthy behavioural practices.

The aim of this activity is to deliver healthy lifestyle messages in an attractive manner to parents/caregivers of children aged 6-16 years. It is expected that participation of parents/caregivers in these health promotion activities will improve naturally their healthy lifestyle habits and healthy behavioural practices (more specifically, healthy nutritional habits and promotion of physical activity for their children; sexual and reproductive health; mental health; waste management; and how to talk about health aspects with children according to their: age, gender, disability status and special needs).

Another intervention of the project envisaged also for the current implementation year is to strengthen the capacities and empower the children's governance bodies as the main leaders for encouraging and promoting the peer-to-peer role in behavioural changes and promote children's participation in peer groups.

From this perspective, children are considered as the main agents for behavioural change through: child-led advocacy and peer-to-peer delivery of information on healthy behaviours and lifestyle practices (e.g., sharing of successful experiences on healthy behaviours among children).

2. AIM AND OBJECTIVES OF THE SERVICE

Aim:

Save the Children is seeking to contract a service provider capable of raising capacities of parents/caregivers regarding healthy lifestyle habits and healthy behavioural practices, as well as strengthening of children's governance structures and peer-to-peer education on healthy lifestyles for the needs of the project "Shkollat për Shëndetin".

Specific Objectives:

- To promote positive parenting regarding a wide range of lifestyle practices and healthy behaviours, in a gender- and culturally-sensitive manner and in accordance with the local contexts, traditions and current circumstances.
- To raise the capacities of parents/caregivers on the following topics: healthy nutritional habits and promotion of physical activity for their children; sexual and reproductive health; mental health; and how to talk about health aspects with children according to their: age, gender, disability status and special needs.
- To implement the adapted Icelandic health promotion model which, among other things, consists of a strong role of parents/caregivers in inducement of healthy behaviours among their children.
- To strengthen children governing bodies and raise capacities of the children for engaging in peer-to-peer education sessions, in a gender- and culturally sensitive manner and in accordance with the local contexts, traditions and current circumstances.
- To promote children's participation in peer groups considering children as the main agents of behavioural changes through child-led advocacy and peer-to-peer delivery of information on healthy behaviour/lifestyles.

3. SERVICE PERIOD

The duration of the service will be over the period: 11 December 2023 – 10 January 2024*.

The service provider is required to proceed according to the following assignment steps:

No.	Assignment Steps
1.	Preparatory work: <ul style="list-style-type: none"> - Drafting the materials (according to each topic of the assignment), which will be used during the meetings with parents/caregivers and children. - Consultative meetings with relevant stakeholders and the project team.
2.	Working sessions with parents/caregivers (3 sessions) and children (2 sessions) in Shkodra region**: <ul style="list-style-type: none"> - Three working sessions with parents/caregivers (1 positive parenting session, 1 informative session on healthy behavioural practices, and one session on piloting of the adapted Icelandic health promotion model). - Two working sessions with children (1 meeting with children’s governing bodies, and one 1 children’s peer peer-to-peer education session on healthy lifestyle practices).
3.	Working sessions with parents/caregivers (3 sessions) and children (2 sessions) in Vlora region**: <ul style="list-style-type: none"> - Three working sessions with parents/caregivers (1 positive parenting session, 1 informative session on healthy behavioural practices, and one session on piloting of the adapted Icelandic health promotion model). - Two working sessions with children (1 meeting with children’s governing bodies, and one 1 children’s peer peer-to-peer education session on healthy lifestyle practices).
4.	Working sessions with parents/caregivers (3 sessions) and children (2 sessions) in Gjirokastra region**: <ul style="list-style-type: none"> - Three working sessions with parents/caregivers (1 positive parenting session, 1 informative session on healthy behavioural practices, and one session on piloting of the adapted Icelandic health promotion model). - Two working sessions with children (1 meeting with children’s governing bodies, and one 1 children’s peer peer-to-peer education session on healthy lifestyle practices).

* Any changes of the timeline should be agreed with the selected service provider based on the work plan.

** This list will be refined and confirmed at the beginning of the assignment.

4. DELIVERABLES

It is expected from the service provider to submit the following deliverables:

- A narrative report about health promotion activities (working sessions) with parents/caregivers and children conducted in each region (Shkodër, Vlorë, Gjirokastër).
- Lists of participants in the health promotion activities (working sessions) with parents/caregivers and children.
- Photos from all events.

5. QUALIFICATION AND SELECTION CRITERIA OF THE SERVICE PROVIDER

The service provider (company, or NGO) should have the following qualifications in order to address effectively and timely the specific requirements of this assignment:

- Proven expertise in community work.
- Proven expertise in health promotion activities.
- Staff with background in public health and health promotion, with excellent oral and written communication skills in Albanian and English.
- Proven ability to meet deadlines and work under pressure.
- Flexibility in responding to the needs of the contracting agency.

6. PROPOSAL

The service provider is expected to submit an application including:

- Technical proposal including the approach of the health promotion activities (working sessions envisaged in this TOR) with parents/caregivers and children, the proposed work-plan, timeline, and other relevant elements.
- Financial bid/proposal: lump-sum in ALL (Albanian Lekë) for the service provided, including taxes according to the Albanian legislation. The service provider should be eligible to issue an invoice for the service. You need to specify if the financial offer is VAT included or not.
- CVs of the company/NGO and key experts proposed, including a summary of expertise areas as per requirements of these “Terms of Reference”, demonstrating previous experience in conducting health promotion activities with parents/caregivers and children. Statement of available from the experts.
- A copy of ID card of the representative of the service provider.

- NIPT of the company or if NGO (non-for-profit organization) a certificate from the court for the registration.

7. AWARD CRITERIA

The award criteria will consist of the following:

- Technical proposal: 40%
- Financial proposal: 40%
- Qualification and experience of the service provider: 20%

8. RESPONSIBILITY OF THE PROJECT IMPLEMENTED BY SAVE THE CHILDREN AND THE SERVICE PROVIDER

In order to respond to the objectives of this assignment, the service provider is expected to closely work with the team of the project “*Shkollat për Shëndetin*” implemented by Save the Children Albania.

The project team will monitor, supervise and facilitate the service provider in every step of the process. No action will be taken without the approval of the project.

The service provider is responsible for carrying out the meetings according to the requirements and timeline included in these Terms of Reference.

9. PAYMENT MODALITY

The payment will be done as lump sum after the delivery of:

- A final report about health promotion activities (working sessions) conducted in each region (Shkodër, Vlorë, Gjirokastër), along with lists of participants attending the working sessions, and photos from each event (working session).
- A short narrative report of the service (the template will be provided by the project in due time).

The payment will be subject to the current Albanian legislation taxes.

10. ADMINISTRATIVE ASPECTS

A contract between the project implemented by Save the Children and the service provider will be established covering the activities defined in these “Terms of Reference”.

Interested service providers (companies/NGOs) should submit a technical proposal, a financial proposal (if VAT is applicable and type of invoices issued), CV of the company/NGO and the signed CV of key experts proposed, and a copy of the ID card of

the representative (in a single email) to: shkollat.per.shendetin@savethechildren.org, **by close of business 30– 11 – 2023.**

Submission of written questions about this call may be addressed to shkollat.per.shendetin@savethechildren.org, by close of business 23 – 11 – 2023. All questions will be responded by close of business 24– 11 – 2023.